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Mini Review

Mini-review: Current challenges in the treatment of developmentally diverse neuroendocrine like tumors: Comparison of bronchial carcinoids and neuroblastoma

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ABSTRACT

Bronchial carcinoids (BC) derive from the pulmonary neuroendocrine cell system while neuroblastoma (NB) derives from the neural crest and represents the peripheral nervous system. Nevertheless, their production of serotonin and catecholamines, respectively, permits comparison as neuroendocrine tumors (NETs). BC are most often diagnosed in adults accounting for 1–5% of all invasive lung malignancies in the adults. NB, primarily a pediatric cancer, accounts for 7-8% of all childhood cancers with the highest incidence in children younger than 5 years, and frequent metastasis to liver, skin, bone, and brain. The major standard treatments for BC is surgery followed by endocrine therapy and chemotherapies. NB patients on the other hand receive treatments according to presenting stage with chemotherapies dominant and now newer immunotherapies at more advanced stages. In general BC are more indolent but when less differentiated can be aggressive portending a poorer outcome. NB in contrast often present at an advanced stage and if high stage the overall survival approaches 25% despite extensive and other therapies. Early stage diagnosis still remains a challenge since symptomology depends on their neuroendocrine manifestation. Here we summarize the current knowledge and challenges in the management of BC and NB.

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Introduction

Neuroendocrine tumors (NETs) arise from neuroendocrine cells in multiple tissues and organ sites. Currently, the incidence of NETs is between 3-5/100,000/year, and rising, especially for the BC subgroup, with more refined diagnoses. Thus, there is a pressing need for therapies that target these tumors [1]. NETs can be indolent or malignant and can arise in the gastrointestinal tract, lungs, pancreas and other endocrine glands. NETs have the potential to arise from neuroendocrine cells present in various organs, but the most commonly diagnosed NETs are present in the bronchopulmonary and gastrointestinal systems [2, 3]. Although NETs arise from neuroendocrine cells, they vary widely in terms of molecular features, proliferation, metastatic potential, therapeutic response, and prognosis. Some are indolent, benign and treatable, whereas others are aggressive, metastatic and have poor prognosis.

Pulmonary NETs primarily bronchial carcinoids (BC) were previously thought to be less prevalent than they actually are [4]. Pulmonary NETs make up 1-2% of all lung cancers, and a third of all NETs are pulmonary in origin. BC including typical and atypical carcinoids are well- and moderately-differentiated NETs, respectively. In general, these tumors are considered indolent and slow growing with good clinical outcomes, unless detected in late stages. Early diagnosis is usually challenging due to non-specific clinical symptoms and lack of high-level clinical evidence. Surgical resection is the main curative treatment. Treatment guidelines for non-respectable tumors are less clear. Systemic therapy with somatostatin analogue (SSA) is used in the patients with advanced disease. Recently, everolimus, an inhibitor of mammalian target of rapamycin (mTOR), has received FDA approval for treatment of advanced, non-functional, well-differentiated lung NETs [5, 6].

Neuroblastoma (NB), on the other hand, is a highly aggressive pediatric malignancy originating from neural crest. NB is the most common extracranial solid tumor in children, responsible for almost 13% of all childhood cancer mortality. NB presents with biological heterogeneity and diverse clinical behavior. Histological and biological characteristics are used for risk stratification of NB. Currently, patients are categorized into low-risk, intermediate-risk, and high-risk groups. Treatment options vary from observation or minimal intervention for low-risk disease to a combination of chemotherapy, radiation, surgery, and high-dose chemotherapy with autologous stem cell rescue for high-risk disease. Newer biologic and immunotherapeutic options are also frequently used in the treatment of high-risk NB. Despite the multi-modal aggressive therapy in high-risk disease, the survival rate remains low for this group of patients [7]. Therefore, newer treatment options are required to improve the disease outcome in these patients.

Typical and atypical BC are low- and intermediate-grade neuroendocrine tumors, whereas NB is an aggressive neuroendocrine tumor with the less favorable outcome. However, BC and NB share some common features that make them valuable tumor models for study and comparison of novel therapeutic approaches targeting NETs. Both carcinoids and NB arise from cells that synthesize and secrete biogenic amines. Carcinoids arise from neuroendocrine cells that synthesize serotonin from amino acid tryptophan. Carcinoids secrete serotonin, thus causing carcinoid syndrome [8]. On the other hand, NB arises mostly from cells that synthesize (from tyrosine) and secrete catecholamines, such as chromaffin cells (forming the adrenal medulla) and sympathetic ganglia. Another common feature is their response to MIBG therapy. Although not yet approved by FDA, I-131 MIBG therapy is a common therapeutic approach that has been used to target NET including NB, BC, and pheochromocytoma. Metaiodobenzylguanidine (MIBG) is an analog of guanethidine with structural similarity to neurotransmitter norepinephrine. Neuroendocrine cells take up MIBG into cells mainly through a norepinephrine transporter [6, 7]. Additionally, both NB and carcinoids share biomarkers such as synaptophysin, chromogranin-A, norepinephrine transporters and somatostatin receptors [9-11]. Synaptophysin antibody stains 100% of carcinoid and NB cells, irrespective of the site of origin and metastasis [9, 10]. Neuron-specific enolase has shown a significant correlation to tumor size at diagnosis and tumor-related death in NB and is expressed in 100% of carcinoid tumors [12, 13]. Chromogranin-A is an extensively expressed marker in both carcinoids and NB [12, 13].

Furthermore, common molecular alterations have been identified in NETs. PI3K/Akt/mTOR pathway is one of the important recognized pathways that plays a critical role in tumor growth and metastasis by promoting cell survival and cell cycle progression. Amplifications or mutations in PI3K/Akt/mTOR pathway have been identified in NETs. Although the activation of PI3K/Akt/mTOR pathway in NB has been demonstrated in different studies, the mechanisms by which the activation occurs are not clear [14]. Therapies targeting this pathway have been investigated both in BC and NB. Everolimus is such a therapy that has already received FDA approval for advanced BC [5]. mTOR inhibitors such as Temsirolimus in combination therapy have been studied in clinical trials for NB with promising results [15].

AlThough all NETs have the neuroendocrine origin, diversity exists in aggressiveness, therapeutic response and patient survival. Biomedical research has been striving to develop effective treatments that will maximize survival and further reduce death rates. Thus, it's essential to establish novel treatment modalities that serve to eliminate these

cancers. This review summarizes the current challenges in diagnosis and management of the two neuroendocrine tumors BC and NB.

Bronchial Carcinoids

I Characteristics

BC represents the well-differentiated subgroup of lung NET that originates from neuroendocrine Kulchitsky's cells located in the bronchial mucosa. It is characterized by an organoid arrangement of tumor cells in the form of trabecular, nesting or gyriform patterns [16]. The characteristic BC is composed of uniform small to medium-sized cells with centrally located round to oval nuclei containing fine granular chromatin and lightly eosinophilic cytoplasm [17, 18]. Based on the histological analysis and secretory behavior, BC is divided into four subtypes: typical carcinoid (TC) - a low-grade lung NET, atypical carcinoid (AC) - an intermediate grade lung NET, large cell neuroendocrine carcinoma (LCNEC), and small cell lung carcinoma (SCLC) - both high-grade lung NETs. Unlike large cell neuroendocrine carcinoma (LCNEC), and small cell lung carcinoma (SCLC), AC and TC are well-differentiated tumors [4].

Typical BC has been identified as the most common cause of Cushing's syndrome caused by ectopic secretion of corticotrophin in young adult patients [19]. The pathogenesis of BC has been the subject of considerable interest, but fewer studies have been conducted due to their originally perceived low prevalence. However, TC is still considered a low-grade malignancy rather than a benign tumor since it can involve regional lymph nodes and metastasize to distant organs in 15% of patients [20]. The 5-year survival rate of these patients is higher than 90% [20]. In contrast, the rate of metastasis and lymph node (LN) involvement in AC falls between 35-64%, and the 5-year survival rate is between 61-88% [20]. Moreover, AC tends to metastasize to contralateral LN, while LN involvement in TC is limited to ipsilateral hilum or mediastinum [21]. Carcinoid tumors were shown to cause late metastasis, and therefore, patients should be monitored closely[20].

II Epidemiology

The incidence rate of BC ranges from 0.2 to 2/100,000 population/year in Europe and the US [10, 16]. Although it is a rare type of tumor, its incidence has been increasing rapidly over the past 30 years due to increased awareness and use of special immunohistochemistry stains for diagnosis [16, 22]. BC is slightly more prevalent in white patients and in females[10]. Importantly, it is the most common primary lung cancer in the pediatric population[10]. TC is more prevalent than AC with a ratio of 8-10:1[10]. In general, AC follows a more aggressive clinical course and presents with less favorable histological features [23]. The average

age at diagnosis is 45 years in TC and about 55 years in AC[10]. ACs are much more aggressive than TCs and have a higher instance of regional lymph node involvement by 10% (50% vs. 60%) and distant metastasis by roughly 15% (2-5% vs. 20%) [10, 22]. Furthermore, patients with AC have significantly lower 5- and 10-year survival rates [22].

III Molecular pathogenesis

Due to the inadequate response of advanced stages of this disease to the various treatments, it is important to understand its underlying molecular mechanisms to achieve a more effective treatment and a higher survival. Genetic studies show that the loss of heterozygosity (LOH) through point mutations, homozygous deletions, and aberrant promoter methylation may be linked to BC tumor development[23]. Cakir et al. reported that 22% and 55.5% of 11q13 LOH mutations had been reported in TCs and 0-73% in ACs [23]. In comparative genomic hybridization (CGH) studies, continuous copy number gains for chromosome numbers on chromosomes 5, 7 and 14, and recurrent copy number losses were observed on chromosomes 3, 11 and 22q [23, 24]. In BCs, genes that code for EGFR, hepatocyte growth factor receptor (HGFR), plateletderived growth factor receptor B (PDGFRB), Akt1/PKB, mTOR and Kirsten rat sarcoma (KRAS) viral oncogene homolog have shown the highest rate of mutation [25-27]. In BC cells, the activation of PI3K/Akt signaling facilitates tumor cell growth and inhibits apoptosis[25]. Moreover, transcriptional up-regulation of one of the MYC protooncogenes has been identified in 20-30% of bronchial carcinoma cases[28]. MYC may be involved in controlling pluripotency, selfrenewal, and epithelial-to-mesenchymal transition processes that are strongly implicated in cellular transformation [28]. Activation of the MYC signaling pathway leads to the activation of the oncogenic PI3K pathway which results in the deactivation of p53 [29]. Deactivating MYC is linked to an increase in apoptosis, thus proving that mutations in MYC-related genes might result in BC relapse[30]. BC tumors have also been investigated for pathways involved in epigenetic silencing via methylation of genes such as cyclin-dependent kinase inhibitor 2A (p16), adenomatous polyposis coli (APC), H-cadherin, glutathione Stransferase P1, O6-methylguanine-DNA-methyltransferase, retinoic acid receptor b-2, E-cadherin and RAS association domain family 1A (RASSF1A) [23]. The Rb/p16/cyclin D1 pathway is an extensively studied pathway in BCs where Rb expression was widely reported with loss of p16 [31] while 29% of TC cases studied by Igarashi et al (35) presented with the loss of p16. On the other hand, CD44, which is a multistructural and multifunctional cell surface molecule involved in cell proliferation differentiation and migration, angiogenesis, and cellsurvival-related signaling, was found to be a prognostic indicator for neoplastic tissues and is seen inversely proportional to p53 expression in the case of NET lung tumors (Figure 1) [32, 33].

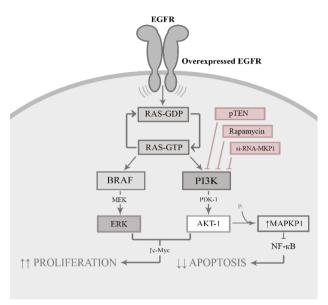


Figure 1: Bronchial Carcinoid Pathways

One of the upregulated pathways in TC and AC tumors is the phosphatidylinositol 3-kinase/protein kinase B/ mammalian target of rapamycin (PI3K/Akt/mTOR) pathway (Figure 1) [25]. In vitro model studies using BC specific cell lines NCI-H727 and NCI-H720 showed increased expression of epithelial growth factor receptor (EGFR) that in turn increased extracellular signal-regulated kinase (ERK) and Akt phosphorylation. When these tumor cells were transfected with Akt1 siRNA, their proliferation decreased [34, 35]. Moreover, the phosphorylation of Akt-1 leads to expression of mitogen-activated protein kinase phosphatase 1 (MAPKP1) and results in the downregulation of NF-kB. This causes a decrease in apoptosis and an upregulation of stemness and tumorigenicity [25]. When transfected with siRNA-MKP1, PI3K inhibitor chemosensitivity is increased, and nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) and PI3K inhibitors on cells become susceptible to cisplatin, a chemotherapeutic drug [34]. As a result, the Ras pathway downstream distortion reduces the proliferation rate of in-situ cells and causes them to undergo apoptosis [36].

IV. Effects of standard therapy on BC-cell survival, apoptosis and differentiation

Surgical resection remains the gold standard therapy for BC. Early stage BC is usually successfully treated with resection, which aims to completely remove the tumor while preserving healthy lung tissue [22]. The type and extent of surgery depend on the tumor type, location, and size. Surgery can be considered as part of the multimodal management for metastatic disease if there are limited sites of disease where radical surgery with the intent of cure is possible [10]. Curative or palliative

surgery is considered in cases with liver metastasis if >90% of the tumor can be resected. Successful resection of liver metastasis can improve the 5-year overall survival rate to over 70% [37]. However, curative surgery is not possible in the presence of right heart insufficiency, unresectable lymph node and extra-abdominal metastases and diffuse or unresectable peritoneal carcinomatosis [38].

Medical therapy is incorporated in the management of BC particularly in advanced disease. In addition to tumor growth, medical therapy targets hormone-related symptoms in BC [39]. Up to 30% of patients with advanced BC suffer from hormone-related symptoms [10]. Compared to digestive system NETs, hormonal secretions in BC are more diverse; therefore, optimal control of hormone-related symptoms can significantly improve patients' quality of life, particularly in metastatic or advanced disease. Carcinoid syndrome is the most common hormone disturbance in BC. The standard treatment for symptom control in carcinoid syndrome is somatostatin analogs (SA) [40]. Somatostatin is a peptide that binds to G-protein-coupled receptors on the cell surface to exert its inhibitory effects. Although somatostatin inhibits NET-induced hormone release and cancer cell growth, its clinical use is limited by its short half-life; this has lead to the development of drugs with a longer lifespan. Octreotide, an FDA-approved SA, is indicated in the management of severe symptoms of carcinoid syndrome such as profuse diarrhea and flushing [40]. Lanreotide is another FDA-approved SA used for gastroenteropancreatic (GEP) NETs in 2014. Lanreotide improves progression-free survival in unresectable non-functional, well, and moderately-differentiated GEP-NET with local involvement or distant metastasis [41]. However, a similar effect by lanreotide on BC has not yet been documented. Chemoradiation is recommended for locally advanced non-resectable AC, and definitive radiation without chemotherapy for advanced non-resectable TC; however, the ability of tumors to develop resistance to treatment and the short half-life of chemotherapeutic drugs makes it difficult to properly treat BC. Although chemotherapy is recommended for locally advanced AC, it is considered unreliable in many cases [40].

V. Potential options for treatment of BC

Anticancer drugs and carcinogens might play a main role in causing cancer relapse by causing resistance to apoptosis one of the hallmarks of cancer. In many cases, relapse occurs due to the activation/deactivation of several signaling pathways [42]. Previous study showed that vascular endothelial growth factor (VEGF) and its receptors have been found to be over-expressed in carcinoid cancer cells[43]. However, anti-VEGF therapies such as sunitinib had not demonstrated similar clinical trial success in carcinoids as in less differentiated NETs[44-46]. In addition, Zhang et al. reported that BCs exhibit mutations in mTOR pathway distinct from lung cancer[47]. In a Phase-III randomized placebo-

controlled clinical trial in carcinoid patients, mTOR inhibitor everolimus in combination with octreotide was associated with higher PFS compared to placebo and octreotide, though the difference was not statistically significant. Moreover, mTOR and IGF-1 inhibition in specific BC cell lines significantly reduced chromogranin A and VEGF secretion [48]. Studies in our laboratory, with a focus on adjuvant systemic therapy identified a combination of drugs that would effectively target BC tumors. Acetazolamide (AZ), a pan-carbonic anhydrase inhibitor, was shown to significantly potentiate the anti-tumor effects of sulforaphane (SFN, a natural isothiocyanate with HDACi activity) in BC cell lines [49].

Valproic acid or suberoyl bis-hydroxamic acid (SBHA), a synthetic histone deacetylase inhibitor, was shown to decrease proliferation and up-regulation of Notch-1, which is known to decrease cell proliferation. Notch-1 upregulation leads to p53 expression and decreased BC cell growth [50, 51]. However, further clinical trials are required to improve the chances of survival of BC patients using adjuvant therapy, as it is an under- researched field and its efficiency in treating BC cannot be accurately estimated or optimized [22].

Neuroblastoma

Neuroblastoma (NB) is the most common pediatric solid tumor: over 650 cases present annually in North America alone [52]. NB is a highly aggressive cancer derived from the neural crest and is particularly challenging to treat in children older than 4 years. The likelihood of surviving NB is inversely related to the patient's age. The International Neuroblastoma Staging System (INSS) was first introduced in 1988 and is widely used for the clinical purposes[53]. There are 4 stages of NB in INSS: 1, 2A, 2B, 3, 4 and 4S. These stages are based on surgical excision, lymph node involvement and metastatic sites) [54, 55]. Stage 4S disease is also called special neuroblastoma. It is only diagnosed in children younger than 12 months. Although the disease has spread to liver, bone marrow and skin, patients have very good prognosis [54, 55]. The tumor in stage I disease can be resected completely. Stages 2 and 3 are characterized by partially resected regional tumors. Stage 4 is associated with the distant metastatic spread of the disease to bone, bone marrow and central nervous system (CNS). If detected in the early stages, surgery provides 95% cure rate. This number decreases significantly to 60% with stage 3 tumors. Stage 4 disease is associated with poor prognosis despite intensive multimodal therapy[54, 55, 56]. Moreover, NB can be sporadic or non-familial in origin. It primarily resides in the abdominal region from which it can metastasize into lymph nodes, the liver, intracranial and orbital sites, as well as the central nervous system [57-60]. Whereas low-grade NB can be treated by surgery alone, advanced and metastatic NBs are treated by multimodal therapy consisting of surgery, radiotherapy, and chemotherapy[60]. The dangers of NB primarily arise from its latent manifestation as a highly aggressive metastatic cancer which is unresponsive to standard chemotherapy [61].

I Characteristics

NB is derived from the neuronal ganglia of the primitive neural crest which forms the peripheral sympathetic nervous system[62]. It is a developmental malignancy that occurs when neuronal structures develop from the ventrolateral neural crest and migrate away from it during embryogenesis [63]. The adrenal gland, sympathetic ganglia, and parasympathetic ganglia are the most common sites affected by NB [63, 64]. Being a pediatric cancer, NB exhibits both biological and clinical heterogeneous complexity as compared to adult tumors. The extensive clinical and pathologic heterogeneity of this malignancy reflects the unique developmental biology of the neural crest [60, 65, 66]. NB is composed of small, monomorphous cells with solid hyperchromatic nuclei and scant cytoplasm. Peripheral neuroblastic tumors (pNTs) stain positive for neural markers that differentiate them from other small blue cell tumors [54]. Three different morphological categories of pNTs are described:

I. NB (Schwannian-stroma poor): the NB tumor is composed of nests of neuroblastic cells

separated by stromal septa with almost no Schwannian proliferation. The Schwannian-stroma poor NB is further divided into three subtypes known as undifferentiated, poorly differentiated (Pseudorosette) and differentiating (Ganglioneuroma)NB.

II. Intermixed Ganglioneuroblastoma (Schwannian stroma-rich): This type of NB is characterized by scattered groups of neuroblastic cells in ganglioneuromatous stroma. Neuroblastic cells are in different stages of maturation.

III. Nodular Ganglioneuroblastoma (Schwannian stroma – rich/stroma dominant and stroma-poor): this type of tumor is composed of visible neuroblastic nodules, which represent the stroma poor, aggressive component of tumor. the other component of tumor is nonaggressive intermixed ganglioneuroblastoma and ganglioneuroma[54].

Unlike in adult cancers, there are very few recurrent mutations in NB; however, these mutations have diverse molecular stages [63]. Epithelial-to-mesenchymal Transition (EMT) is the central component for maturation of the neural crest. NB-initiating cells or cancer stem cells (CSCs) might initiate the distinct tumor phenotypes by using this EMT mechanism in various developmental stages which results from various types of mutations [63, 67]. High cellular heterogeneity is characteristic of NB; NB tumors have no static cellular hierarchy, and the presence of CSC populations allows NB cells to transdifferentiate into various cell

lineages which lack NB cell markers [68]. Because of this, responses of tumors to treatment are difficult to predict [68].

II Epidemiology

NB constitutes 7-8% of all childhood cancers with the highest incidence in children younger than 5 years and is the most common cancer diagnosed in children under the age of one [69]. The prevalence of NB is approximately 1 case per 7,000 live births. About 37% of cases are diagnosed in infancy, and 90% are diagnosed in children under 5 years old [70]. Although there is no racial difference in the overall incidence of NB, African-American children are more likely to present with highrisk disease and ultimately have a worse prognosis [70, 71]. Clinical presentation of NB can vary from localized to widely spread metastatic disease, however, the one descended from neural crest cells in the form of malignant neuroblasts is the most common [69]. The undifferentiated sympathoadrenal lineage cells differentiate in the neural crest region to form the peripheral sympathetic nervous system. This differentiation leads to the formation of NB tumors in various regions including the adrenal medulla, abdomen and sympathetic ganglia [60]. Symptoms of NB arise when tumors reach a great enough mass to interfere with regular body function or metastasize to a different region in the body. Common sites of NB metastasis are the liver, skin, bone, and brain resulting in survival rates less than 40% despite intensive treatment [72, 731.

III Molecular Pathogenesis

One of the malignancy-inducing mutations is that of the MYCN oncogene located on chromosome 2 [74]. MYCN is a major culprit that contributes to the development of aggressive NB and is, therefore, a common NB marker [75]. Studies show that MYCN overexpression occurs in 25% of NB cases, and is partly responsible for tumorigenic and anti-angiogenic qualities of the tumors [75]. Clinical approaches where MYCN has been targeted along with downstream pathways such as MDM2 and mTOR are not always adequate or sufficient since many high-risk cases of NB show minimal MYCN expression; because of this, additional pathways that are independent of MYCN signaling such as RAS-MAPK, NB-RAS viral oncogene homolog (NRAS), and neurofibromin 1 (NF1) must be targeted for effective NB treatment [63, 76, 77]. Currently, the receptor tyrosine kinase (RTK) anaplastic lymphoma kinase (ALK), a transcriptional target of MYCN and an important stem cell function regulator has been found to promote tumorigenesis in several NB case studies. Compounds that can potentially target and disrupt ALK are already under investigation in clinical trials [78, 79]. Targeting proteins involved in MYCN regulation may serve as an effective therapeutic strategy, particularly in high-risk

NB patients with MYCN overexpression [78, 79]. Das et al. developed a novel strategy that uses DNA methylation analysis and miRNA expression to identify a panel of epigenetically regulated miRNAs that contribute to NB pathogenesis [80]. Long noncoding RNA—NBAT-1 (NB-Associated Transcript 1) were found to epigenetically downregulate the tumorigenic factors and promote differentiation of NB tumor cells [81]. The involvement of long non-coding RNAs (lncRNAs), alternative splicing programs, fragile sites and genome-wide methylation has been emphasizing the importance of the developmental context of NB (Figure 2),[60, 81-83].

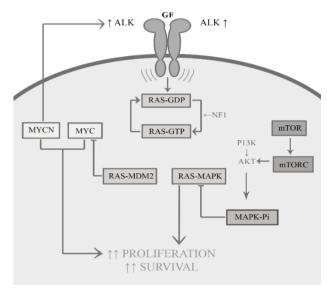


Figure 2: Neuroblastoma Pathways

IV Effects of Standard Therapy on NB-Cell Survival, Apoptosis, and Differentiation

Due to new treatment advancements, the survival rate of NB patients has increased from 86% to 95% in children under a year old, and from 34% to 68% for between the ages of 1 and 14 years [60]. The Children's Oncology Group (COG) has defined three risk groups for NB: low-risk, intermediate-risk and high-risk groups based on the International Neuroblastoma Staging System (INSS) [84, 85]. The standard of therapy for the low-risk disease is either observation or surgical resection. These patients enjoy a 5-year outcome after surgery (OS) of 97% [86]. Patients with intermediate-risk disease usually receive chemotherapy prior to resection. Duration and amount of chemotherapy are determined by tumor biological and clinical risk factors and response to therapy. The 3-year OS for these patients is around 96% [87]. Highrisk neuroblastoma (HR-NB) disease is associated with a poor prognosis despite multimodal treatment. Different treatment options that are indicated for HR-NB include surgical resection, chemotherapy, radiation therapy, immunotherapy, hematopoietic stem cell transplantation, and differentiation therapy. The OS for these patients remains low at 40-50%[88-90]. Different treatment options that are indicated for HR-NB include surgical resection, chemotherapy, radiation therapy, immunotherapy, hematopoietic stem cell transplantation, and differentiation therapy. Chemotherapy for patients with HR-NB includes intensive induction chemotherapy, followed by myeloablative

consolidation chemotherapy with stem cell rescue. Surgical resection of tumor and bulky metastasis is usually attempted after patient has received a few cycles of chemotherapy [91]. Some studies have shown better outcomes if at least 4 cycles of chemotherapy have been delivered prior to surgical resection[92]. Autologous bone marrow transplant (BMT) and differentiation therapy using 13-cis-retinoic acid are associated with improved event free survival (EFS) compared to chemotherapy alone and therefore, have been included in most of the HR-NB treatment protocols[88]. However, it's not completely clear whether these treatment options provide long term survival advantage[88]. After stem cell transplant, external beam radiation therapy is administered to the primary tumor site and metastatic sites [93]. MIBG radiotherapy is another method of irradiation in HR-NB [94]. Short- and long-term side effects of radiation therapy can be debilitating in pediatric patients. HR-NB remains a therapeutic challenge for clinicians. The OS for patients with HR-NB is still low at 40-50% despite intensive treatment that is associated with significant side effects[59, 93].

In the present decade, immunotherapy has shown promise in treating high-risk NB. Anti-GD2 antibody dinutuximab has been recently approved by US FDA as first-line therapy for high-risk neuroblastoma, based upon clinical trial [95] in which immunotherapy with dinutuximab, GM-CSF, and interleukin-2 was significantly superior to standard therapy in terms of EFS and OS [96]. Dinutuximab has shown significant anti-tumor activity in Phase-II trial in combination with irinotecan, and temozolomide[15]. Here 53% patients achieved objective response compared to 6% response in patients treated with the combination irinotecan, temozolomide and temsirolimus. Recently, second-generation anti-GD2 antibody 3F8 with GM-CSF has shown promising results in treating MYCN amplified NB, with 72% and 84% 5-year EFS and OS respectively[97]. Inhibition of ALK has been proposed as a potential target treatment (71, 72, 73) ALK (Anaplastic lymphoma kinase) inhibitor ceritinib has been reported to cause complete remission in all metastatic sites in an adolescent boy [98]. ASP3026 (a second-generation ALK-inhibitor) had shown the clinical response in neuroblastoma [99]. Another ALK inhibitor PF-06463922 has shown significant efficacy in pre-clinical models of crizotinibresistant neuroblastoma [100].

V Potential options for treatment of NB

HDACIs are currently being evaluated in NB clinical trials with promising results because HDACs play a vital role in carcinogenesis and their inhibition can prove crucial in preventing it [101-106]. HDACi might hence be more effective other agents since they target many different steps of tumor cell hypoxic response that occurs in a staggering amount of cancers [107]. The antitumor potential of HDACi in combination with a carbonic anhydrase inhibitor is significantly increased [107]. A study conducted by Mokhtari et al (102) showed that nanomolar concentrations of pyridylmethyl-N-(4-[(2-aminophenyl)-carbamoyl]-benzyl)-carbamate (MS-275) alone significantly reduced the putative CSC fraction of NB cell lines leading to reduction in initial tumorigenicity and potential elimination of the NB/CSC fraction. Moreover, they showed that the anti-tumor potential of MS-275 increased when combined with AZ, which confirmed that AZ increases

the effect of the MS-275 (HDACi) on NB both in vitro and in vivo [101, 107, 108].

Antiangiogenic strategies such as metronomic chemotherapy and anti-VEGF therapy have shown anti-tumor activity in pre-clinical and clinical trials. Metronomic chemotherapy involves administration of low-dose cytotoxic agents for the prolonged duration. Metronomic chemotherapy is effective as maintenance therapy [109]. Since metronomic chemotherapy utilizes off-patent chemotherapeutics, it is an effective and affordable option for treating neuroblastoma, especially in low-income countries [110, 111].

Albumin-bound nanoparticles of paclitaxel (nab-paclitaxel) is being investigated for several pediatric cancers including neuroblastoma. In the preclinical trial, nab-paclitaxel has demonstrated significant antitumor activity in neuroblastoma models and achieved higher intratumoral accumulation of paclitaxel than conventional chremophore based formulation [112]. Phase-II trial of nab-paclitaxel in patients with refractory/recurrent neuroblastoma is underway [113].

Although currently, the survival rate in high-risk NB is around 50%, novel strategies mentioned above, such as immunotherapy, epigenetic modulators, nanoparticulate dosage forms and targeted therapy are expected to enhance the survival and quality of life in NB patients in the near future.

Discussion

NETs are complex tumors that require a multidisciplinary approach and long-term follow-up [1, 2, 4]. These tumors have been found to be clinically and pathologically heterogeneous, present commonly with only mild and vague symptoms which delay the diagnosis for years thus leading to disease prognosis [10, 84, 114-116]. Current therapy for the NETs including BC and NB has emerged via integration of tumor biology and therapeutics. Further improvements in our understanding of the biology of these tumors will facilitate the development of new and more effective therapies.

Treatments with individual therapeutic compounds have only moderately improved progression-free survival of cancer patients. Because of their discrete targeted age groups, aggressiveness levels, and levels of stemness, BC and NB are very well-suited NETs as models for new drug development: NB is an aggressive pediatric cancer that is difficult to target due to its easily up-regulatable stemness state while BC is less aggressive, more differentiated, and mostly affects adults [60, 117, 118]. Conventional therapies are only partially successful and are thus rarely reliable, in part due to the ability of tumors to develop drug resistance and survive treatment [108, 118]. Furthermore, because many therapeutic agents used today are highly cytotoxic, their unsuccessful attempts to treat resistant cells only damage healthy tissues and severely weaken patients [108]. Therefore, research to find a different therapeutic approach that can provide new and less toxic options for cancer targeting and that can solve the drug resistance problem should be encouraged.

Extensive cancer research over the past decade provided a lot of evidence that tumors interact with surrounding cells, molecules and vascular and lymphatic networks in the tissue in which they occur [119].

The relationship between tumor cells and noncancerous cells and proteins is referred to as the tumor microenvironment (TME), and these components interact and regulate one another. The effect of the TME on tumor progression is varied and may prevent or promote carcinogenesis [119]. The metastatic recurrence for both NB and BC has been thought to be due to CSCs, members of the TME that are able to transdifferentiate between lineages and lead to metastasis and drug resistance [120, 121]. The intermediate filament protein nestin and the transmembrane protein adenosine triphosphate-binding cassette 2 (ABCG2) have been described as the neural precursor markers used to describe CSCs in NB as they can be involved in preventing chemotherapeutic drugs from penetrating cells and may lead to chemotherapeutic resistance [119, 122]. Other CSC markers studied in BC and NB are CD144 and EpCam [123, 124]. CD144+/EpCam+ CSCs of BC also exhibited the characteristics of multipotent stem cells [124]. Targeting the interaction between NB/BC cancer-initiating cells and the elements of the tumor microenvironment and their interactions might provide novel therapeutic targets for these therapeutically-challenging diseases [119].

In our previous work on pediatric cancer [108] and in our present work on bronchial carcinoid (manuscript in preparation), we identified potent anti-tumor agents such histone HDACi that could reduce the CSC populations in cancers in order to force differentiation in stem-like tumor cells, and thus make them more readily targetable with anticancer drugs [108]. Furthermore, HDACIs are potent in increasing sensitivity to therapeutics [108]. Under hypoxic conditions, which are known to force stem-like states in CSCs, HDACIs has been shown to modulate the HIF- 1α -mediated pathway by targeting HIF- 1α and thus preventing stemness, self-renewal, and metastatic properties of tumor cells in both BC and NB [125]. Mokhtari et al. have also explored the direct effects of the SFN on BC[49]. SFN counters hypoxic conditions in which CSCs thrive, reduces CSC numbers and downregulates stemness of tumor cells [49, 121].

Conclusion

As illustrated in figures 1 and 2, NB and BC are NETs capable of resisting therapy and result in poor prognosis and even relapse in seemingly cured patients. However, adjuvant molecular therapy might be a new initiative in fighting these NETs. Identifying novel tumor targets and harnessing of cell-mediated immunotherapy may generate effective therapeutic approaches. Despite new research in NB therapy, little effective anticancer drugs exist for this disease because of its aggressiveness and transdifferentiation potential [63, 75]. More research into potent anti-NB drugs and combination therapy is required to adequately address the therapeutic challenges of this highly aggressive pediatric cancer. Our studies using the combination of AZ with SFN and MS-275 has yielded evidence for increased value in terms of the management of BC and NB tumor progression and a possible decrease in metastasis. Thus, with viable in vitro and in vivo evidence this adjuvant therapy might be considered for vigorous clinical study in both NB and BC tumors.

List of abbreviations

BC: Bronchial carcinoid; NB: neuroblastoma; NET: neuroendocrine tumors; TC: typical carcinoid; AC: atypical carcinoid; LCNEC: large cell neuroendocrine carcinoma; SCLC: small cell lung carcinoma;

LCNEC: large cell neuroendocrine carcinoma; LN: lymph node; PI3K/Akt/mTOR: phosphatidylinositol 3-kinase/protein kinase B/ mammalian target of rapamycin; EGFR: epithelial growth factor receptor; ERK: extracellular signal-regulated kinase; MAPKP1: mitogen-activated protein kinase phosphatase 1; NF-kB: nuclear factor kappa-light-chain-enhancer of activated B cells; LOH: loss of heterozygosity; CGH: comparative genomic hybridization; MET: hepatocyte growth factor receptor; PDGFRB:platelet-derived growth factor receptor B; KRAS: Kirsten rat sarcoma; APC: adenomatous polyposis coli; RAS association domain family 1A:RASSF1A; somatostatin analogs:SA; gastroenteropancreatic: GEP; acetazolamide: AZ; sulforaphane: SFN; vascular endothelial growth factor: VEGF; suberoyl bis-hydroxamic acid: SBHA; receptor tyrosine kinase: RTK; anaplastic lymphoma kinase: ALK; NB-RAS viral oncogene homolog: NRAS; Children's Oncology Group: COG; outcome after surgery: OS; High-risk neuroblastoma: HR-NB

Conflict of Interest Statement

None declared.

Authors' Contributions

RBM, NB, SK wrote the manuscript. BD, HY review, and edit the manuscript.

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