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# **Research Article**

# Mechanisms of Cardiac Dysfunction in Heart Failure due to Myocardial Infarction

# Naranjan S. Dhalla<sup>1\*</sup>, Vijayan Elimban<sup>1</sup>, Anureet K. Shah<sup>2</sup> and Mohamad Nusier<sup>3</sup>

<sup>1</sup>Institute of Cardiovascular Sciences, St. Boniface Hospital Albrechtsen Research Centre, Max Rady College of Medicine, University of Manitoba, Winnipeg, Canada

<sup>2</sup>Kinesiology and Nutritional Science, California State University, Los Angeles, USA

<sup>3</sup>Visiting Professor from the School of Medicine, Jordan University of Science and Technology, Irbid, Jordan

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## ABSTRACT

Acute myocardial infarction (MI) is associated with marked elevation of plasma vasoactive hormones, ventricular arrhythmias, scar formation in the ischemic portion of left ventricle (LV) and hypertrophy of the viable LV as well as the right ventricle (RV). Particularly, elevated levels of plasma catecholamines and angiotensin II activate their membrane receptors and stimulate different signal transduction systems for producing cardiac hypertrophy, augmenting the activities of subcellular organelles and increasing cardiac function. While marked arrhythmias due to acute MI produce 30 to 40% mortality, hypertrophic alterations in the viable LV as well as RV are compensatory for maintaining hemodynamic homeostasis due to loss of cardiomyocytes. On the other hand, prolonged elevation of plasma vasoactive hormones in chronic MI produce deleterious effects on the hypertrophied heart by promoting the formation of oxyradicals, inducing Ca<sup>2+</sup>- handling abnormalities in subcellular organelles, depressing cardiac dysfunction. Thus, in view of the complexities of mechanisms for both acute and chronic effects of MI, there is a real challenge of developing new interventions for preventing the transition of cardiac hypertrophy to heart failure as well as progression of the MI-induced cardiovascular abnormalities.

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# Introduction

Congestive heart failure is a major health hazard, which is associated with cardiac dysfunction and increased mortality [1-7]. Depressed cardiac output due to inability of the heart to contract and relax properly occurs in heart failure, and different symptoms such as edema, breathlessness and intolerance to exercise become evident. Heart failure is invariably preceded by cardiac hypertrophy, which is an adaptive process to maintain heart function at initial stages of pathological stimulus [8-10]. It is commonly held that more than 700,000, deaths occur due to heart failure per year, costing the American economy about \$50 billion annually. Several cardiovascular etiologies such as hypertension, diabetes, atherosclerosis, metabolic syndrome, valvular defects, aging, obesity, infective cardiomyopathy and myocardial infarction (MI) are known to result in heart failure [4, 10, 11]. Since MI, as a consequence of blockade of the coronary arteries (ischemic heart disease), is most prevalent among several cardiovascular abnormalities leading to the development of heart failure (Figure 1), this article is focused on discussion of the pathophysiology of MI-induced heart failure. In view of the complex nature of MI-induced effects on the heart, some of the events related to both acute and chronic actions will be discussed to highlight the progression of cardiovascular abnormalities. It is also planned to deal with a few pathogenic mechanisms of MI-induced cardiac hypertrophy as well as its transition to heart failure.

### Acute MI-induced cardiovascular events

It is now well known that immediately after the induction of MI (blockade of the coronary blood flow), a portion of the left ventricle

<sup>\*</sup>Correspondence to: Dr. Naranjan S. Dhalla, PhD, M.D. (Hons), Institute of Cardiovascular Sciences St. Boniface Hospital Albrechtsen Hospital Research Centre, Winnipeg, Manitoba, Canada R2H 2A6; Tel: (204) 2353421; Fax: (204) 2370347; E-mail: nsdhalla@sbrc.ca

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becomes ischemic and starts losing its contractile function. This event is associated with a reduction in cardiac output, a fall in blood pressure, activation of both sympathetic nervous system and renin-angiotensin system as well as pituitary system and release of a massive amount of catecholamines, angiotensin II and vasopressin in the circulation [12-17]. Increased plasma levels of other vasoactive hormones such as serotonin (due to activation of platelets) and endothelin (due to alterations in endothelium) have also been observed in acute MI. While elevated levels of these hormones serve as a compensatory mechanism to maintain blood pressure and cardiac performance, there occurs a defect in electrical conduction system in the heart due to ischemic portion of the left ventricle (Figure 2). The resultant ventricular arrhythmias are the cause for 30 to 40% mortality depending upon the size of ischemic area. The ischemic portion of the left ventricle starts becoming necrotic and ends up in the formation of scar tissue, which is fully healed within 3 to 4 weeks after coronary occlusion. Thus, acute MI is considered to be associated with scar formation in the left ventricle, elevated plasma levels of some vasoactive hormones, marked ventricular arrhythmias and high mortality. The development of cardiac hypertrophy as well as increase in cardiac function are also the major compensatory changes due to acute MI (Figure 3). These alterations are considered to occur mainly due to the elevated levels of circulating hormones such as catecholamines and angiotensin II, stimulation of different protein kinases and activation of different signal transduction pathways in the unifarcted myocardium [4, 10, 18-22]. Various protein kinases such as protein kinases A, Ca2+/calmodulin dependent protein kinase, protein kinase C and mitogen activated protein kinase are stimulated due to acute MI and promote different signal transduction systems for increasing the activities of subcellular organelles. It is noteworthy that the contractile function of the hypertrophied heart is not only augmented by the increased formation of contractile units but is also determined by the increased Ca2+-handling activities of subcellular organelles such as sarcolemma (SL), sarcoplasmic reticulum (SR) and myofibrils (MF).

In fact, increased functions of both SL and SR without any change in the MF activity have been observed in hypertrophied right ventricle during early phase of MI [23-29]. The hypertrophied right ventricle has been shown to exhibit hyperfunction and is considered to play a compensatory role during the development of contractile depression in the left ventricle due to MI [30]. The magnitude of cardiac hypertrophy and ventricular arrhythmias and mortality are considered to depend on scar size due to acute MI [31-34]. Electrocardiographic changes including ST-segment elevation, abnormal Q waves, premature ventricular complex, QTc prolongation and ventricular fibrillation have been shown to occur upon occlusion of the coronary artery. Since pretreatment of animals with an angiotensin-converting enzyme inhibitor and a serotonin-receptor antagonist were found to attenuate the MI-induced arrhythmias as well as mortality, it appears that excessive levels of circulating angiotensin II and serotonin may contribute in developing these fatal events due to myocardial ischemia [31, 33]. On the other hand,  $\beta_1$ -adrenoceptor blocking agents failed to attenuate the occurrence or intensity of arrhythmias due to acute MI and accordingly, it was suggested that these alterations were due to the development of oxidative stress rather than the consequence of high levels of circulating catecholamines per se [34-36]. In fact, the MI-induced arrhythmias, scar size and mortality were markedly reduced by pretreatment with an antioxidant [32]. It should also be mentioned that there occurs some inflammatory response at the margin of the necrotic myocardium whereas the hypertrophied myocardium shows capillary growth, interstitial cell proliferation and accumulation of collagenous material during early phase of MI [37-40].

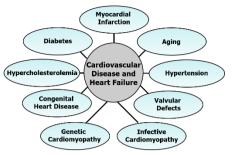
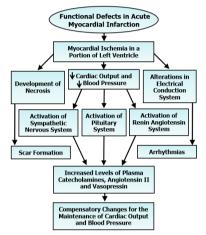
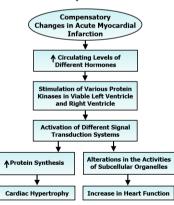


Figure 1: Schematic diagram of various etiologies of cardiovascular diseases and heart failure including myocardial infarction leading to the development of cardiovascular defects and heart failure.



**Figure 2:** Sequence of events for the scar formation, occurrence of arrhythmias and development of compensatory changes in the heart subsequent to the induction of myocardial infarction.

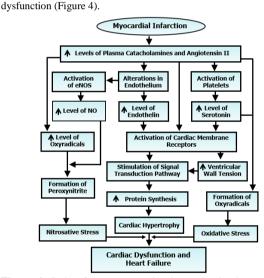


**Figure 3:** Signal transduction mechanisms for the development of cardiac hypertrophy and improvement of cardiac function subsequent to acute myocardial infarction.

### Chronic MI-induced cardiovascular events

Although the acute MI is associated with some depression in the left ventricular + dP/dt and -dP/dt as well as some elevation in the left ventricular end-diastolic pressure, the overall cardiac performance is essentially unaltered due to the compensatory mechanisms such as cardiac hypertrophy of the viable left ventricle and the right ventricle [32, 33, 41]. On the other hand, there occurs a progressive depression of the left ventricular function associated with additional cardiac

hypertrophy upon healing of the scar in 3 to 4 weeks after the induction of MI [4, 11, 42, 43]. These progression of changes in heart failure during the chronic phase of MI are accompanied by a progressive decline in both +dP/dt and - dP/dt as well as an increase in the left ventricular end diastolic pressure. All these alterations have been suggested to be a consequence of prolonged exposure of the heart to excessive levels of circulating vasoactive hormones such as catecholamines, angiotensin II, serotonin and endothelin (Figure 4). It should be pointed out that the role of catecholamines, angiotensin II, serotonin, endothelin and vasopressin in cardiovascular abnormalities due to chronic MI has been indicated elsewhere [4, 15, 44-47]. These vasoactive hormones activate their respective membrane receptors to increase the ventricular wall tension and stimulate signal transduction systems for producing additional cardiac hypertrophy. High levels of circulating catecholamines, serotonin and angiotensin II for a prolonged period upon oxidation are also known to generate oxyradicals to produce oxidative stress in the chronic phase of MI [4, 15, 44-48]. It should also be noted that alterations in endothelium not only release endothelin in the circulation but also increase the formation of NO, which combines with oxyradicals to produce nitrosative stress [4, 11, 43, 49]. Thus, both oxidative stress and nitrosative stress have been suggested to be intimately involved in



the transition from cardiac hypertrophy to heart failure and cardiac

Figure 4: Role of some vasoactive hormones in the activation of membrane receptors for including cardiac hypertrophy as well as development of oxidative stress and nitrosative stress, which results in the transition of hypertrophy to heart failure due to myocardial infarction.

A wide variety of other cardiovascular events have also been considered to explain the occurrence of cardiac dysfunction in heart failure due to chronic MI [4,10,11,43]. There occurs inadequate growth of capillaries, which support oxygenation of the myocardium, and can be seen to induce functional hypoxia and cardiac dysfunction in chronic MI [38, 4]. Furthermore, disproportionate proliferation of non-myocyte cells and accumulation of collagenous proteins have been implicated in the development of MI-induced heart failure [4, 40, 50-52]. Elevated levels of pro-inflammatory cytokines and development of apoptosis have also been suggested to play an important role in MI-induced cardiac dysfunction. In addition, both cardiac remodeling and subcellular defects in Ca<sup>2+</sup>-handling are considered to be intimately associated with the progression of MI-induced heart failure [11, 42, 43, 49, 52-59].

#### MI-induced cardiac remodeling and subcellular defects

Some review articles on the cardiac remodeling and subcellular defects in MI-induced heart failure have appeared in the literature and it is generally believed that the term cardiac remodeling refers to changes in the shape and size of the heart [4, 11, 43]. Furthermore, subcellular defects concerning the organelles such as SL, SR, MF and mitochondria, which are intimately associated with cardiac contraction and relaxation cycle [4, 11, 42, 43, 50]. It was found that the ventricular wall becomes thickened for decreasing the wall tension and the cardiac output, ejection fraction and fractional shortening become reduced after the induction of MI. These MI-animals showed depressions in both left ventricular systolic and diastolic volumes as well as diameters indicating cardiac remodeling [60]. Hemodynamic assessment of MI-animals also revealed progressive decrease in left ventricular pressure as well as both systolic and diastolic blood pressure. These MI-induced changes in cardiac remodeling and cardiac function were attenuated by angiotensinconverting enzyme inhibitors, angiotensin II receptor blockers, βadrenoceptors blocking agents, 5-HT receptor antagonists and metabolic inhibitors suggesting that angiotensin II, catecholamines, serotonin and metabolic derangements are involved in the MI-induced cardiac remodeling and heart dysfunction [22, 27, 28, 45, 46, 61-69]. It has also been demonstrated that SL genes, proteins and Ca2+-transporting activities are altered during the development of MI-induced heart failure [27, 28, 43, 61, 69-71]. The SL defects in MI-failing hearts were prevented by metabolic inhibitors, β-adrenoceptors blockade and reninangiotensin blockade [43, 52, 61, 63, 69]. Likewise, the MI-induced alterations in myosin gene expression, protein content and MF Ca2+stimulated ATPase activities were attenuated by blockade of the renin angiotensin system, serotonin-antagonists and β-adrenoceptors blockade [29, 43, 64, 68, 72]. Furthermore MI-induced changes in SR gene expression, protein content, Ca2+-pump and Ca2+-release activities were prevented by treatment with renin-angiotensin blockers, β-adrenoceptors blockers and serotonin antagonists [28, 32, 40, 43, 62, 65, 68, 69, 73]. The beneficial effects of catecholamine-receptor antagonists, angiotensin-receptor blockers, serotonin antagonists, vasopressin blockers, endothelin receptor blockers and cytokines on MI-induced changes in heart function, cardiac remodeling subcellular activities have been reviewed earlier [16, 43, 45, 46, 49, 53].

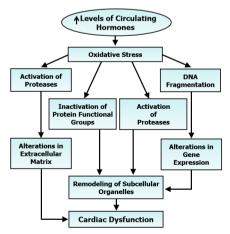


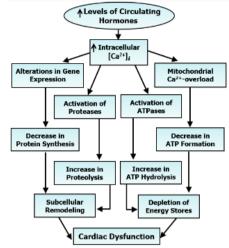
Figure 5: Role of prolonged increase in the level of some vasoactive hormones in the development of oxidative stress for inducing cardiac dysfunction due to changes in extracellular matrix, gene expression and remodelling of subcellular organelles.

## Role of oxidative stress and Ca<sup>2+</sup>-handling abnormalities in MIinduced cardiac dysfunction

The adverse chronic effects of MI are related to progressive development of heart failure as a consequence of prolonged exposure of the heart to elevated levels of several vasoactive hormones including catecholamines and angiotensin II in the circulation [4, 11, 44]. Although heart failure patients are more prone to sudden cardiac death and high mortality, this article is not intended to discuss this topic [36, 73]. There is evidence to suggest an increased formation of oxyradicals and reactive oxygen species leading to the development of oxidative stress upon the oxidation of catecholamines and serotonin whereas angiotensin II promotes the development of oxidative stress by activating the NADPH oxidase for the production of oxyradicals [36, 48, 74-76]. Furthermore, elevated levels of circulating vasoactive hormones are known to promote the entry of Ca2+ into cardiomyocytes and cause the occurrence of intracellular Ca2+-overload [36, 77, 78]. Accordingly, it is planned to deal with the pathophysiology of MI-induced cardiac dysfunction involving the development of oxidative stress and occurrence of intracellular Ca2+-overload in the genesis of subcellular defects. It is becoming evident that oxidative stress is not only a major mechanism for the transition of MI-induced cardiac hypertrophy to heart failure but is also intimately involved in the progression of cardiac remodeling and heart failure [74]. It is generated by the action elevated levels of different hormones as well as due to functional hypoxia in the hypertrophied viable myocardium. An increase in pro-inflammatory cytokines has also been suggested to generate oxidative stress [53]. The development of oxidative stress can be seen to induce cardiac dysfunction by increasing the activities of various proteases and subsequent alterations in the extracellular matrix and the function of subcellular organelles [4, 42, 43, 52, 79]. It is noteworthy that oxidative stress can alter the activities of the different subcellular organelles by the depressing cardiac gene expression due DNA fragmentation as well as inactivation of the functional groups of the subcellular proteins. A schematic diagram showing all these events for the oxidative stress-induced cardiac dysfunction is given in (Figure 5). Increased development of oxidative stress has also been observed in patients with congestive heart failure [80-83].

Another mechanism for the development of MI-induced cardiac dysfunction and heart failure is the occurrence of Ca<sup>2+</sup>-handling abnormalities in the viable left ventricle and increased concentration of intracellular Ca2+ [4, 42, 43, 52]. The development of increase in intracellular  $[Ca^{2+}]_i$  due to increased entry of  $Ca^{2+}$  in cardiomyocyte by the activation of membrane receptors for vasoactive hormones as well as depressed Na+- Ca2+ exchange and Na+- K+ ATPase, can be seen to produce mitochondrial Ca2+-overload, depress ATP production and deplete of energy stores in the myocardium [4, 11]. The depletion of energy stores can also be produced by increased ATP hydrolysis. Furthermore, intracellular Ca2+-overload has been shown to produce subcellular remodeling by increasing the activities of different proteases as well as by depressing the cardiac gene expression [79, 84]. Thus, both depletion of energy stores and subcellular remodeling have been suggested to explain cardiac dysfunction due to the occurrence of intracellular Ca2+-overload. These events have been depicted in (Figure 6). It should also be pointed out the development of intracellular Ca<sup>2+</sup>overload has been shown to induce apoptosis in cardiomyocytes, which may be associated with the development of cardiac dysfunction and heart failure [85]. Due to the interactive nature of intracellular Ca2+-overload

and oxidative stress, it is difficult to determine the individual contribution of these pathogenic factors for the chronic MI-induced heart failure



**Figure 6:** Role of prolonged increase in the level of some vasoactive hormones in the development of increase in intracellular  $Ca^{2+}$  for inducing cardiac dysfunction due to changes in gene expression, increase in proteolysis, decrease in ATP production and depletion of energy stores.

#### Conclusion

A complex set of events is considered to occur during the development of MI-induced cardiovascular abnormalities. During the acute stage of MI, loss of cardiomyocytes in the ischemic portion of the left ventricle results in scar formation, massive release of several vasoactive hormones, marked arrhythmias, increased mortality and development of hypertrophy of the non-ischemic viable myocardium. While the deleterious effects of acute MI are associated with structural abnormalities due to myocardial ischemia, the compensatory effects at early stage of MI are elicited mainly through the activation of membrane receptors for different hormones as well as stimulation of various signal transduction pathways. On the other hand, the chronic phase of MI (which starts after the healing of scar) is associated with development of heart failure as a consequence of prolonged exposure to high levels of circulating vasoactive hormones. The transition of cardiac hypertrophy to heart failure seem to be a consequence of functional hypoxia due to the loss of capillary growth, disproportionate proliferation of nonmyocytes, accumulation of collagenous proteins, development of cardiac apoptosis and formation of proinflammatory cytokines. In addition, cardiac remodeling, activation of different proteolytic enzymes, subcellular defects for Ca2+-handling, and occurrence of oxidative stress as well as increased concentration of intracellular Ca<sup>2+</sup> have also been implicated in the progression of MI-induced cardiac dysfunction and heart failure. Although most of the existing therapies for MI-induced cardiovascular abnormalities are based on either lowering the elevated levels of circulating vasoactive hormones or their receptor antagonism, there is a great challenge for developing newer strategies to further improve the treatment of heart failure.

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#### **Conflicts of Interest**

The authors declare that there was no conflict of interest.

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